

Peptamen Junior® PHGG

Alternatives Side-By-Side

Per 1000 mL

Product Name	Peptamen Junior® PHGG	Peptamen Junior® Fiber	Peptamen Junior® HP
Suitable Diets	Lactose intolerance* Gluten-free Kosher	Lactose intolerance* Gluten-free Kosher	Lactose intolerance* Gluten-free Kosher
List of flavors	Vanilla	Vanilla	Vanilla
Allergens (by nature)	Milk, Soy	Milk, Soy	Milk, Soy
Calories (kcal)	1200	1000	1200
kcal/mL	1.2	1.0	1.2
Protein (g)	36	30	48
Caloric Distribution Protein (% of kcal)	12%	12%	16%
Protein Sources	Enzymatically Hydrolyzed Whey Protein (Milk)	Enzymatically Hydrolyzed Whey Protein (Milk)	Enzymatically Hydrolyzed Whey Protein (Milk)
NPC:N Ratio	184:1	181:1	131:1
Total Carbohydrates (g)	160	144	152
Caloric Distribution Carbs (% of kcal)	51%	55%	50%
Carb Sources	Maltodextrin, Sugar, Cornstarch	Maltodextrin, Sugar, Cornstarch	Maltodextrin, Sugar, Cornstarch
Dietary Fiber (g)	12	8	4
Fiber Sources	Partially Hydrolyzed Guar Gum	Pea Fiber, Partially Hydrolyzed Guar Gum	Partially Hydrolyzed Guar Gum
Total Fat (g)	52	38	48
Caloric Distribution Fat (% of kcal)	37%	33%	34%
Fat Sources	Medium Chain Triglycerides, Soybean Oil	Medium Chain Triglycerides, Soybean Oil, Canola Oil	Medium Chain Triglycerides, Soybean Oil, Canola Oil
MCT (g)	32	24	28
MCT:LCT Ratio	60:40	60:40	60:40
n6:n3 Ratio	8:1	5.4:1	5.4:1
Osmolality (mOsm/kg water)	394	450	450
DRI Coverage (1 - 8 years old)	25 Vitamins & Minerals in 1000 mL	25 Vitamins & Minerals in 1000 mL	25 Vitamins & Minerals in 1000 mL
DRI Coverage (9 - 13 years old)	25 Vitamins & Minerals in 1250 mL	25 Vitamins & Minerals in 1500 mL	25 Vitamins & Minerals in 1250 mL
Sodium (mg)	520	480	560
Retinol (mcg RE)	600	480	580
Vitamin B1 / Thiamin(mg)	1.2	1	1.2
Vitamin B2 / Riboflavin (mg)	1.6	1.2	1.6
Vitamin B3 / Niacin (mg)	12	10	12
Vitamin B5 / Pantothenic Acid (mg)	4	4	4.8
Vitamin B6 / Pyridoxine (mg)	1.6	1.2	1.6
Vitamin B7 / Biotin (mcg)	24	20	24

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Vitamin B9 / Folic Acid (mcg)	200	160	180
Vitamin B12 (mcg)	2	2	2.4
Vitamin E (mg)	13.2	12	16
Vitamin C (mg)	48	40	48
Vitamin D (mcg)	18	15.2	18
Vitamin K (mcg)	72	60	72
Beta-Carotene (mcg)	960	800	960
Calcium (mg)	1520	1200	1440
Chloride (mg)	1200	1000	1200
Choline (mg)	320	320	400
Chromium (mcg)	24	24	28
Copper (mg)	1.2	1	1.2
Inositol (mg)	100	80	100
Iodine (mcg)	120	100	120
Iron (mg)	16	14	16
L-Carnitine (mg)	40	40	48
Magnesium (mg)	220	200	240
Manganese (mg)	2	1.6	2
Molybdenum (mcg)	52	48	56
Phosphorus (mg)	1160	900	1080
Potassium (mg)	1760	1500	1800
Selenium (mcg)	40	40	48
Taurine (mg)	100	80	100
Zinc (mg)	8.8	7.2	8.8
Water (mL)	812	844	812

**Not for individuals with galactosemia*

All product information is obtained from available product literature on the date of publication and is subject to change. To verify current or specific nutritional information, please consult the manufacturer. All formula substitutions must be based on the clinical judgement of the patient's healthcare professional. Alternatives may not be nutritionally comparable or equivalent in all respects. Any questions regarding appropriateness of a particular product for a patient must be directed to the patient's healthcare professional. Values not available or published at the time data was entered are indicated with (---). **Some products may contain common food allergens.** The ingredient statement on the product label should be carefully reviewed for any patient with food allergies. For assistance with or questions about Nestlé Health Science products, please call Nestlé Health Science at 1-800-422-ASK2 or go to www.nestlemedicalhub.com/products. In addition, please note the following: **PEPTAMEN® formulas contain milk protein. May not be appropriate for individuals with cow's milk protein allergy.**

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